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#### *2015-16 Highlights*

St Stithians Rowing Club's season concluded with four Saints Students rowing in Protea colours at the Junior World Rowing Championships in Rotterdam: Max Silber, Mitch Booyse, Jordan Pepermans and Tegan Korevaar. James Buchanan was awarded his Protea colours as a coach of the U23 squad.

In addition to the Protea colours Jordan Smith, Cameron Young, Max Silber, Mitch Booyse and

Jordan Pepermans received their Gauteng colours. Nicole Masson joined the SASRU development squad in England.

Tegan Korevaar rowed in a Women's 8+: The girls placed 3rd in the junior Women's 8 B final. It was a very exciting race where they finished 1.4 seconds off the winning boat. The girls made history in that it was the first time South Africa has sent a women's 8 to compete at an international regatta. The World Rowing write up after their first heat summed it up: "But what a great race from

South Africa. Perhaps the first time entered in this boat class. they held the pace of the best eights in the world."

The St Stithians' boys (Max Silber, Jordan Pepermans and cox Mitch Booyse) won their B final.

Mitch Booyse - "The World's experience was much more overwhelming than anything I had previously experienced. A whole new world of talent from all corners of the globe were now there at my feet. From the Czechs that looked like men to the Australians that were all over 6 foot. Don't get me wrong, I still think that we were in a fast class of our own but I still remember watching the Italians break away from us within the first few strokes and then not seeing them until the finish line. The vibe in the athletes' section was also second to none. Speaking to athletes and coaches who have also been training as hard and as long as you have sparked very intriguing conversation. The crowd was also much bigger than any of us had performed in front of as well. 20 000+ spectators along with the other few thousand that were

#### BC Rowing Club Open Day: Sunday October 9 2016

BC Rowing will have a club open day where grade 6s and above will join the BC Rowers for a day out at the dam to expose them to this wonderful sport. Bus will leave at 8am and return around 1pm.

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watching live from home. We had gained a lot of respect and support and so the pressure was on to perform. A win in the B Final was without a doubt the greatest I have ever experienced. Overall great tour - wouldn't have traded the world for it!"

Here's the link to the race: https://www.youtube.com/watch? v=3WXaaJwsvB8

**Nicole Masson** joined The SASRU Development squad tour to the United Kingdom 2016:

"I am almost lost for words in describing how incredible this experience was for me as a rower. Although I trained for hours each day and spent two weeks camping in Pretoria prior to our departure, I can easily say each and every moment was worth it. Training on the Eaton Dorney Olympic course and meeting athletes from the GB rowing squad were unforgettable moments as a passionate rower as well as visiting the famous Leander rowing club and the Oxford university boat club. This tour not only changed my perspective of rowing as a sport in South Africa but made me

come home hungry for a gold medal and determined to achieve my goal to row at the Junior world rowing championships in 2017."

Results from St. Mary's Regatta - 24 Sept

The first senior regatta of the season was on National Braai Day – and where better to celebrate that, than outdoors at the dam. Everyone came away from the first season's regatta with much energy and enthusiasm for the season ahead. Our spirits buoyed by some good results. Five Medals and four 1st Certificates for B races.

Girls College
JW/GU16A 4 x+

Sydney Davison, Jordan Korevaar, Megan Cronje, Jemma Jenkins-Ferret, Heather Tanner (cox): 8.15.15 BRONZE JW/GU16B 1x Heather Tanner 10.23.02-1<sup>st</sup> JW/GUA 2x Sydney Davison, Jordan Korevaar:

JW/GU19 1<sup>st</sup> 1x Nicole Masson: 9.10.59 BRONZE JW/GU19 1<sup>st</sup> 4X+ Madison Crews, Nicole Masson, Kate Pringle, Jennavieve Williams, Shannen Etter (cox): 7.43.78 -BRONZE

**Boys College** 

JM/BU16B 2-

Massimo Milanesi, Sheldon Nash:

 $8.56.44 - 1^{st}$ 

JM/BU16B 4+

Massimo Milanesi, Sheldon Nash, Cameron Brammer, Michael

Viljoen, Grant Urdang: 8.19.17 – 1st

JM/BU19 3<sup>rd</sup> 4x+

James Glashoff, Taine Elliott, Mitch Booyse, Sam Elliot, Sheldon

Nash 8.15.15 – 1<sup>st</sup> JM/BU19 1<sup>st</sup> 4+

Conner McDiarmid, Cameron Young, Thomas Roberg, Vanz Sioutas, Mitch Booyse: 7.21.93 -

**BRONZE** 

Olympic Presentations

#### **BC Rowing:**

Alex Cruickshanks: The boys were privileged to have the opportunity to host Olympic Silver medallist Lawrence Brittain and Olympic Coach and Saints Old Boy, Andrew Grant in Chapel on Friday, 23 September. Lawrence

#### **Important Dates 2016:**

8.22.97 SILVER

October Mid Term Camp: Oct Thursday 20 - Sunday 23 2016

On Saturday there is a U14-U19 regatta. It is an important week-end for all rowers in preparation for Gauteng Championships

**Gauteng Championships**: Friday 4 – 6 November 2016

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shared his inspiring story of how just two months after representing South Africa at Senior World Championships with the aim of being at the Rio 2016 Olympics, he was diagnosed with stage 4 Hodgkin's Lymphoma Cancer. Less than two years later he stood on the Olympic podium and won silver in the men's coxless pair with Kes old boy, Shaun Keeling. Andrew more modestly reflected on times he enjoyed at the Boys College and his rowing experiences in particular. Both then assisted with the marketing of the BC Rowing Open Day scheduled for 9

October and some of the boys enjoyed the opportunity to interact with Lawrence and ask questions about his experiences. pair with Kes old boy, Shaun Keeling. Andrew more modestly reflected on times he enjoyed at the Boys College and his rowing experiences in particular. Both then assisted with the marketing of the BC Rowing Open Day scheduled for 9 October and some of the boys enjoyed the opportunity to interact with Lawrence and ask questions about his experiences.

The Boat Race Dinner:
Sunday 4 December
All boys, girls and coaches
are invited to attend this
fun event. It is a send off
for the senior crews that
will attend boat race.

Boat Race: 9 – 10 December in Port Alfred 2016

This regatta is for the senior first quad and eight.

January Rowing Camp:
Tuesday 10 – 15 2017
The first regatta of the year takes place on Saturday 14
Rowing Supporters
Club Chairmans
Welcome Cocktail
Party:
An invitation as to the

An invitation as to the details will be sent out, as soon as they are finalised.

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#### Season Ahead

#### **BC Rowing:**

**Alex Cruickshanks**: St Stithians College Rowing is extremely close to my heart and has offered me so many opportunities and added value beyond expectation. From coxing the Saints 3<sup>rd</sup> VIII to winning my first rowing race in 1<sup>st</sup> 4+, Saints rowing taught me discipline and how to push beyond barriers I was shown were only in my mind. I still dream about that heart-breaking silver in the VIII at SA Champs by less than a second.

BC Rowing needs to enter a phase of rebuilding the club from a club numbers as well as asset point of view. The goal is to field two 8x / 8+'s per age group and once again enter a 3<sup>rd</sup> VIII. This starts right here and now with the loyal and tenacious boys we currently have in the club. Rowing is by far the most demanding sport at the school, but the rewards supersede the sacrifices. The boys will learn a discipline that will serve them well and a camaraderie that is unrivalled. We are creating a culture of building and development in

discipline and mental perserverance. It is our hope that parents will come out in numbers to be part of the Saints rowing supporters club. This is a very exciting sport to watch, and what better venue than outdoors at the dam on mostly sunny days, cheering your children on in nail-biting finishes, and relaxing in a friendly atmosphere in between races. The Rowing supporters club welcomes a new management team to the boys' club - Alex Cruickshanks (MIC and Head Coach) and Lloyd Bemelman (BC Rowing Administrator)

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conjunction with a reasonable training programme according to the boys' academic commitments. The first regatta of the season showed that BC Rowing will not back down from the challenge and I was encouraged by the impressive showing from our boys. If this is where we begin, I am truly excited to see the heights to which this club will soar.

#### **GC Rowing:**

**James Buchanan:** The season ahead for St Stithians Girls' Rowing Club promises to be an exciting one. With a welcome return to so many old traditions, inter club cooperation, hard work and a bit of fun, the girls club looks set to have an awesome season ahead. For most of our girls these traditions of having shared camps, sharing equipment and a single club mentality is a whole new experience. If what we've seen from both the boys and the girls so far this season is anything to go by, I can't wait to see what they can achieve together going forward.

While GC Rowing's main focus remains on trying to build our numbers (we are looking to have the clubs numbers up at 45-50 girls), we are also trying to create a club environment where all girls are welcome. There is a common misconception that rowing is a super elite sport and to row you have to be 7 feet tall, row a 7:10 on the erg and train 12 times a week. This simply just isn't true, while girls who aim to succeed and wish to try make national teams down the line do need to tick some of the boxes in terms of training load and commitment, we encourage our girls to take the time to enjoy the sport of rowing and do what they love.

We are so blessed to have a diverse and multi-cultural group of girls which has helped to create a beautiful new culture for the St Stithians girls rowing club and it makes me so proud to be a part of such an incredible team. I can't wait to see what this new, fresh and powerful Girls' Rowing Club can achieve, both on its own and as a combined St Stithians Rowing Club.

#### September Camp Feedback

The first rowing camp of the season took place form 30 August – 4 September. The boys' and girls' clubs had a combined rowing camp at Roodeplaat Dam. Day 1 started out with the tradition of cleaning out the boat house and boats to get everything prepared for the season – which always involves a few blisters from pushing the brooms. Anna Etter and Tracy Elliot, were on hand as camp moms to ensure all ran smoothly, while the coaches could focus on rowing and getting their crews fitter. The camp ended with a Rowing Supporter Club welcome breakfast.

James: Our September Rowing Camp went off with an absolute bang, things couldn't have run smoother. With the help of some super parents and fantastic staff we were able to have a quality camp, have a lot of fun, and actually manage to get a tiny bit of rowing done as well.

A very special thank you goes out to our two camp moms Anna Etter and Tracey Elliott. These two ladies made sure there was always food and snacks available for everyone to eat, provided moral and motherly support (to the coaches as well) and lastly helped keep everyone in line.

**Alex**: Seeing BC and GC Rowing come together as St Stithians College Rowing once again was fantastic. The

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two clubs have so much support (and savings) to offer each other, it's a unique position this club must leverage. While the boys and girls sleep separately, seeing them come together tentatively at meal times for some banter and games was promising, and the mixed plays on the last night were wildly entertaining.

I would like to echo the thanks offered by James above and to also thank Lloyd for his administrative

and logistical efforts to get the camp together. Thank you James for being so open and accommodating of BC Rowing as we try to smooth the transition from previous management and work together for the success of Saints Rowing.

#### Parent Info

The season consists of two halves, each consisting of six regattas. The first half starts in September and ends with Gauteng Schools Rowing Championships during the first weekend in November. The second half starts mid-January and ends with SA Schools Rowing Championships in the first week of March.

The regatta schedule is published early in the season, so that dates can be diarised well in advance. Some regattas are either Junior or Senior only. There has

however been occasion when the junior crews row in senior regattas.

Details of the regattas, crew draws and times of the races can be accessed on <a href="www.regatta.co.za">www.regatta.co.za</a>. These are generally published the Wednesday before the regatta.

Please download these so you can keep track of the racing during the course of the days. Schools hosting the regattas are generally going paper-less so these are not often available at the regattas.





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For spectators, it is recommended you bring a comfortable camping chair, a good pair of binoculars, a hat and lots of sunblock! Regatta results during race days can be tracked on www.regattaresults.co.za. Parents at the Saints gazebo are encouraged to cheer for all the Saints races enthusiastically!

We encourage you to please get Saint Supporters Kit, so we look like a unified club. For those who do not

Who's who at BC Rowing

have kit, we will organise an evening close to Gauteng champs when it can be purchased.

Entrance to Roodeplaat dam is R50 per day. It is ideal to purchase a season ticket for R550 which allows entrance to the dam for the year from 1st April – 31 March.

Please bear in mind Roodeplaat gate entrance, Regatta entrance, food and drink is CASH onlyWho's who at BC Rowing



**BC Head Coach Alex Cruickshanks Rowed for St Stithians** Boys' College starting in Gr10 as 3rd VIII cox and

winning his first race in 1st IV the following successful season. Alex studied at Rhodes University where he won two Boat Races, and considers his two silvers 'losses'. He represented South Africa at the World University Student Champs in the 8+ and 2- in 2004 and 2006 respectively. He then rowed for Wits University winning a third Boat Race in 2008. Alex started coaching at Saints in 2007 where he coached the u16 girls before moving across to the boys' side where he coached the

u16s and 1st team for two seasons. Alex is a multiple South African Champion across a number of boat classes. A break to pursue a career in business in 2011 did not stick before rowing sucked him back in, this time in Vancouver as a coach for Thunderbird Rowing Club in Vancouver. A passionate Old Boy, Alex could not resist the opportunity to return to Saints Rowing where it all started for him.



BC Administrator :Lloyd **Bemelman** Lloyd is an old boy of St Stithians Boys

College who matriculated in 2005. He rowed

#### John Waugh Rock the Boat Regatta – 4 Feburary 2017

This is a fun event, with all nature of rowers, teams, clubs, taking to the water in head races and then final heats. Some dressing up is required and we will look to put some parents boats on the water.

**Buffalo and Selbourne Sprint Regatta** – 9 – 11 Feburary 2017

These regattas take place over half term in East London. The U16 and Senior crews participate.

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1st eight and played 1st fifteen rugby at the Easter Festival as a prop. His most favourable memories whilst at school are winning the 1st 8 at Gauteng champs in 2003 and at Buffalo in 2004. Lloyd has his Honours in Sport Psychology which was attained whilst being head coach of Victoria Lake Junior Rowing. Lloyd rowed for many years after school. He rowed at the World University games in 2012 in the 2x and has two silver scull (Buffalo) victories to his name, beating Olympic gold and silver medalists. Lloyd attributes many of his life lessons learnt to rowing and cannot imagine a life without rowing in it.

SA Schools
Championships – 3-5
March 2017
All the season's
training and hard work
comes together over
this week-end's racing.

Long Row — 25 June 2017

The annual long row takes place along the Vaal River. It is a 30km row from

Vanderbijlpark to Loch Vaal.

The day starts at 6-6.30am until we finish (4-5 hours-ish).

Various configurations of crews (boys, girls and parents) take to the water, spectators follow and watch the row from various vantage points on the route. The event ends with a picnic breakfast at Loch Vaal.



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#### **U16 BC Coaches**

**Declan Williams**Declan joined the rowing club in 2007

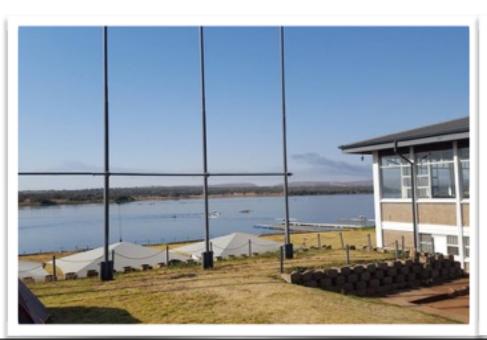
in grade 7. Initially coxing for much of his junior years he underwent a growth spurt which enabled him to pursue more rowing than coxing. Declan was taught to row by Alex Cruickshanks when Alex coached for Saints previously. Declan recently represented South Africa at the World University Champs in the lightweight coxless four, claiming sixth place. He is a leader at the University of Johannesburg where he performs his role of president. Declan intends to carry on rowing and has his sights set on the 2020 Olympic Games



#### **Stephanie Pretorius**

Stephanie attended St Mary's School, Waverly, from 2008 to 2012. She began rowing in Grade 9

and competed in the 1st Team in both her Junior and Senior Open seasons. In 2013, Steph started at the University of Pretoria, studying a BSc Chemistry and competed in the 1st Eight at Universities Boat-race that year, coming a close 2nd to UCT. After realizing her passion for genetics she changed her degree to a BSc Human Genetics with a dual major of genetics and physiology, and is loving it. She is a Rescue Diver with an Emergency First Response qualification and is currently training for the Half Ironman in the hope of doing the full race one day.





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U15 Coach

**Nick Turnbull** Nicholas Turnbull is an old boy of

the college and matriculated in 2014. He is passionate about St Stithians rowing and hopes to give as much back to the sport and the school as he can. He is currently in his second year of studies at the University of Pretoria, studying towards a Bcom. His hobbies include exercising, and putting off studying for tests (that's a joke). His favourite band is the Red Hot Chilli Peppers and favourite movie is Forrest Gump. The upcoming season excites Nicholas because he intends to take Saints rowing to new heights.



**U14 Coaches** 

Anele Madikizele Is a past rower of the Boys College 1st eight

who matriculated in 2014. He currently is a 2<sup>nd</sup> year Bcom Business Management student at the University of Pretoria. His favourite memories from saints are the fun run and water slide at the end of matric. His favourite rowing memories are Racing the 1st 8 and

going overseas to Belgium with the u16 SA squad and the Australia tour. His hobbies include Origami, reading, and working out.





Grant rowed for St John's College from

2005-2010. During his senior year, 2011, he coached after sustaining knee injuries. Grant was selected as one of the heads of St Johns rowing. Grant continued to coach at SJC from 2011 to 2014 as well as worked as boatman for SJC from early 2013 to 2014. Grant is passionate about rowing and squash. He coached squash at Parktown College from 2014 to 2015. Grant is a very hands on man and displays much talent for composite training and silicone mould making. He gained experience through these modalities through AMT. On top of studying a BSC in Informatics via UNISA Grant works for the Row Shop (Macarbi) as an agent for NK, Active Tools, Coxmate and Croker Oars

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#### Who's who at GC Rowing



GC Head Coach James Buchanan 1st quad and Head coach. Rowed at St Albans College

and was the Vice-Captain for the 2009/2010 season. James rowed for the Junior National squad in 2010 and competed at the Junior World Championships in the Czech Republic, in the Junior men's coxless pair. In 2012 he competed in the U23 World Rowing Champs in Lithuania in the lightweight men's doubles event. James coached the Sasru men's u17 quad in 2013, the Sasru men's u16 quad in 2014 and coached the South African Junior men's quad to the Junior World Champs held in Germany in 2014 as well. James also coached the senior men's coxed pair to the World Championships in Rotterdam this year.



Assistant Open GC Coach Daniel Lambson Rowed for St

Stithians Boys' College. He rowed in the Junior

Men's 1st 8+ for two seasons, 2013 and 2014. Daniel is also a previous boy's Captain of Boats for the 2013/2014 season.

U16 GC Coach Imogen Mackie Rowed for St Stithians Girls' College. Rowed in the Junior women's 1st quad in her final



season. Made the Gauteng and National squad in 2010 and competed at the Junior World Championships in the Czech Republic in the Junior women's coxless four. Imogen is a previous girl's Captain of Boats for the 2009/2010 season and received her honours in rowing. She is a four times Universities Boat race medallist, having rowed as part of the Tuks women's A8+. She also competed in the women's double sculls event in the 2013 University Games, which were held in Kazan, Russia.



GC U15 Coaches
Bryce Etter
Rowed for St
Stithians Boys'
College. Rowed in
the Junior Men's 1st

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8+ in 2013, 2014 and 2015. He made the U16 Sasru Junior Men's 4- and Gauteng rowing squad in 2014 and 2015. Bryce won the silver medal in the Junior men's 1<sup>st</sup> sculls event at SA Champs and is also a previous boy's Captain of Boats for the 2014/2015 season.



Rain de Jager Rowed and coxed for St Stithians Girls' College. Coxed the St Stithians girl's 1<sup>st</sup> quad for 3 years in a

row, placing 2<sup>nd</sup> in this event in 2013 and 3<sup>rd</sup> in 2015. Rain is a previous girl's Captain of Boats for the 2014/2015 season and received honours for her service and performance in rowing at school. She is currently rowing for the Wits women's 1<sup>st</sup> 8+.



Girls U14 Coach Saskia Howie Rowed her final season in the 1<sup>st</sup> quad where she placed 4<sup>th</sup> at the

schools boat race and placed 3<sup>rd</sup> at SA Schools Champs in 2016. She is a previous girl's Captain of Boats for the 2015/2016 season.





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#### The BC Captains of Boat



#### BC Captain Of Boats : Mitch Booyse

In opening, I would like to welcome all new rowers to the Club as well as welcoming back seasoned rowers across all age groups. It is an honour and

privilege to have been to be chosen as the Captain of Boats for the Boys' College through the 2016/2017 season, alongside the line-up of inspiring coaches: Alex Cruickshanks and Lloyd Bemelman who head up our staff of dedicated and motivated rowing coaches. I thank the parents for choosing and/or allowing your child to stay with rowing. I speak for all of us rowers when I say that we could not be able to do this without the aid of our great parents. From driving us to and from the dam, to being there to support us alongside the Plaat, along with putting up with our miserable attitudes and ravenous appetites when we come home after a long tiring session

Moving forward, I would like to say that I am grateful that I do not have to do my job alone - with our tightly bonded club I hope for Saints Rowing to reflect a true team effort in which we all work for each other and alongside each other, as I truly believe that this is the only way to move onwards and upwards as a club. I promise and hope for this season to be a hard but exhilarating one. Leaving behind a big season in which Jordan Pepermans (Captain of Boats 2015/2016) Max Silber and I achieved

our Protea colours and not to forget Cameron Young and Jordon Smith who received their Gauteng colours and rowed at Junior Worlds, I can confidently say that I know what it takes to be alongside the greats of rowing. It is most certainly not an impossible feat to regain and I encourage one and all to believe that they too can gain the experience of being on the international stage. My confidence lies in Vice-Captain, Connor McDiarmid, who has been in the 1st VIII since his under 16 year and who can motivate the crews with tons of experience. Right there in the boats with Connor, we watch Cameron Young, Byron Bell, Thomas Roberg, Vans Sioutas, James Jenkins-Ferett and James Weimer who have never faltered in their passion for the sport of

Enough about the well-spoken of names, what is it that YOU can add to the club? It is a dream to realise that every lad in the club has the potential to turn their season into a great one and I look forward to seeing how, working together, the 2016/2017 will season unfold. Row, Saints, Row!



BC Vice
Captain:
Connor
McDiarmid
Things I want for the club
1)For everybody

who wants to win, I would like everybody to trust the coaching methods and to push themselves harder than what the coaches want all the time (except peak week)

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- 2) For everybody to have mutual respect with each other
- 3) For the rowers to enjoy what they do and find motivation, not inspiration to carry on doing what they do!
- 4) To grow the club so the boathouse is close to empty when we go to the dam on Mondays and Wednesdays
- 5) For all the rowers to be able to come up to Mitch Booyse, myself and all the senior opens for advice or a chat about anything
- 6) For all the rowers to show respect to their elders
- 7) The spirit in the club must always be high
- 8) For the 1st 8 members to be looked up to by the junior rowers, as this will enhance their passion for making better boats as they get older
- 9) For the rowers junior/senior to never ever belittle another rower
- 10) Finally, for all the rowers to have their best season ever in rowing!

The GC Captains of Boats



GC Captain of Boats: Shannen Etter Rowing has been a vital part of my

life for the past 5 years. I strongly believe that the sport initiates strong self-discipline and gives the girls an opportunity to excel in their sporting careers. The St Stithians Girls College Rowing Club has allowed me to be part of something bigger than just a sport, we are a strong unit who support and uplift one another.

The current season has already started on a good note as we are now able to integrate more with the boys through our joint camps - one of my biggest goals for this season is to make sure that the boys and girls are one club. In my last season as captain I hope to give back what this sport has given me and grow our club to new heights.





only been apart of the Saints rowing club for the past two years, this club has become my life and my passion. Rowing has shaped me into an even better person then I could have ever imagined. This sport offers incredible opportunities to not only excel in the sport itself but to excel as a person going forward with strong work ethic and a strong mind set. Each and every single girl in our club and on the boys side has something special to offer and has immeasurable heights to meet which is what excites me so much going forward. I hope to leave a club at the end of the season that is filled with passion and drive to become even bigger and better and to remain resilient in reaching for that gold medal.

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#### Saint Rowing Supporters Club Committee



Gary Korevaar:
Chair of the
Rowers
Supporters Club
3<sup>rd</sup> Season on the
Committee.

Dad to Jordan Korevaar, U16 Girl. "I would really like to see the boy's and the girl's clubs come together, under a united coaching staff, bringing back the social enjoyment of rowing, which goes hand-in-hand with all the physically hard work, rowing demands. Our parents are our support group, without them, we cannot survive!" An enthusiastically supported rower, can go all the way...just ask Tegan!!!



Ivo Milanesi : Vice
- Chair
Born and bred in
johannesburg of
Italian descent,

Married to Stefanie and their son Massino,

is a rower in u16's. We have seen the dedication that rowers have for their sport by "blisters on hands" and we enjoy the spirit and

comrade that rowing offers. First Year serving on a very committed and enthusiastic committee.



Judy Brammer:
Treasurer
Judy is a Chartered
Accountant, married
to Chris and goes by
the name of Rowing

Mom, Dance Mom and Diving Mom to 3 very busy kids. Her son Cameron is rowing U16 this year. Judy has represented Gauteng in triathlon and completed two full length Ironman events. Judy tried rowing once, but it was too difficult for her - because of that experience, rowers have earned her deepest respect!!



Tess Young:
Adminstrator
Born almost half a century ago and raised in the Eastern Cape, the eldest daughter of a

shopkeeper, mother to two strapping "Young" lads, (her youngest Cameron is a Senior Open Rower) currently a marketer of wet wipes and other hygienic paraphernalia, reluctant but decent cook, loves dogs, wine, books, music and dancing of an unusual kind. Hopes to use her curious combination of creativity and

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slightly OCD structured-ness to retain and grow a strong supporter base. Philosophy in Life: "Start each day with a Joyful Heart!"



# Tracey Williams: Communications

Tracey manages a post-production facility in the film and television industry, is mom to Jennavieve, a junior open rower. Would love to see the sport of rowing grow in SA, enjoys the excitement of the racing and believes "if you are going to do something, do it with energy and passion"



### Tim Keegan: Operations

Tim is a mechanical engineer and his son, Liam, started rowing at Saints in 2016. Tim is a Saints old boy and rowed for the school until 1985. He currently rows for VLC in the Masters 1st Quad and 1st Eight.

#### Age Group Representatives

The role of the age group representative is to assist in communicating to their particular age group and to help create a spirit amongst parents in that age group. Thank you to the following volunteers:

#### **Boys Club:**

Senior Opens – Tess Young (Cameron)
Junior Opens – Tracey Elliott (Sam & Taine)
U16 – Judy Brammer (Cameron)
U15 – Emer Keegan (Liam)
U14 – TBC

#### **Girls Club:**

Opens – Tracey Williams (Jennavieve) U16 – Kim Korevaar (Jordan) U15 – Megan Rogers (Mia) & Lynn Katsoulis (Marianna) U14 - TBC



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#### Fund Raising Events 2016/17

#### **SA Champs:**

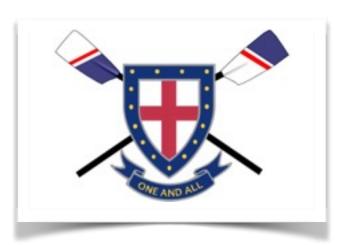
Saints has been awarded the "cool-drinks" table, so please get ready to volunteer to man the table!

#### OxCam Event: 2<sup>nd</sup> April 2017

The club comes together to watch the famous Oxford and Cambridge Rowing Race. The invite is extended to the club, who should then extend the invitation to include their family and friends. Please keep this event in your diary. Details as to the venue will be sent closer

#### Easter Festival: 13 - 17 April

The Rowing Club man the gate entrances at the Easter Festival. This is one of the main revenue earners for the club. We would please require parents and senior rowers to assist with gate shifts









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