



# The All in One

A SOUTH AFRICAN SCHOOL MAKING A WORLD OF DIFFERENCE

No. 247

**Girls' Prep Weekly Newsletter**

16 October 2008

## FORTH-COMING WEEK:

### Thursday, 16 October

08h00 - 12h00 Inter-House Athletics (Prep Field)  
Parents are invited to attend. Please RSVP in your child's diary, for catering purposes.

07h00 AND 11h30 Grade 7 CAKE SALE (carpark)

12h00 School closes for Half Term  
Resource Centre closes at 12h00



### Monday, 20 October

07h30 School recommences after Half Term  
14h00 UNISA Theory Exams (Randburg)

### Tuesday, 21 October

14h00 Mini Tennis vs IR Griffiths (venue: TBC)  
14h00 Junior Tennis vs St Teresa's (Home)

### Wednesday, 22 October

18h30 Gr 8 - 2009 Information Evening (Gym). All Grade 7s who are going to the GC next year, must please attend this very important meeting with their parents.

### Thursday, 23 October

13h30 - 16h00 League Diving  
14h00 Senior Tennis vs Brescia (home)  
19h00 Prestige Music Concert (Chapel)

### Friday, 24 October

13h00 Swimming Galas  
A50 Swimming gala (Brescia)  
A25 Swimming gala (St Peter's)  
B25 Swimming gala (St Teresa's)  
*Bus leaves from GC car park at 13h15*  
18h30 Cultural Evening (GLT)

### General Knowledge

*Last weeks answers were:*

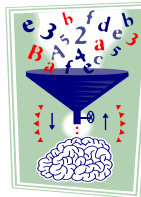
1. H<sup>2</sup>O is the chemical symbol for water.
2. Animals hibernate in winter.

*This weeks questions deal with literature:*

1. What is the poem called that consists of 5 lines and has the rhyme scheme of a, a, b, b, a.
2. What is a homophone and give an example of one?

Good luck!

Mrs M Berrington




**Congratulations** to ALL our athletes who participated in the Prestige Athletics on Friday, 10 October. Eight Girls Schools took part, and St Stithians Girls' Prep won, convincingly! We also broke 3 records, in the Under 11 relay, Under 12 relay and OPEN relay. We are SO proud of all our athletes - their hard work this season has really paid off!



Thanks too, to the coaches who also have been working so hard throughout the athletics season.

WELL DONE, to Trewen for winning the Inter House Squash (thanks to Mrs MacArthur)  
WELL DONE, to Cambourne for taking the honours for Inter House Chess (thanks to Mrs Willemse)



 2009 Stationery Packs now available to order at  
**The Stythian Shop**



For any queries, please contact Alex on 011 577 6262

A reminder - skirt and dress lengths must be **FOUR** fingers above the knee or longer. Please ensure dresses are lengthened if they are too short.

Please turn overleaf to read a note on "Exceptional Learners" from our Academic Support Department as well as some Resource Centre News.

Please also read the article by Nikki Bush on "What it is about tomorrow, that parents need to know today."

## Thought for the Week:

*"People are unreasonable, illogical, and self-centered;  
love them anyway.  
If you do good, people may accuse you of selfish motives;  
do good anyway.  
If you are successful, you may win false friends and true enemies;  
succeed anyway.  
The good you do today may be forgotten tomorrow;  
do good anyway.  
Honesty and transparency make you vulnerable;  
be honest and transparent anyway.  
What you spend years building may be destroyed overnight;  
build anyway.  
People who really want help may attack you if you help them;  
help them anyway.  
Give the world the best you have and you may get hurt;  
give the world your best anyway.  
You see, in the final analysis, it is between you and God;  
it was never between you and them anyway."*

Mother Teresa

## A note from the Academic Support Department.

“Exceptional learners”

All children differ in their levels of emotional development, interactions with peers and learning characteristics, they require support from all the adults in their environment to ensure their individuality is nurtured. It is therefore important to have an established, nurturing learning environment that provides opportunities for children to develop self-esteem, to be engaged in activities that generate long term interest, and to become knowledge producers. Each child is exceptional, each with her own innate capacity to excel in domains that commensurate with her unique capabilities. The development of potential does not occur spontaneously. Deliberate intervention practices are essential. Children need to express the elements of critical and creative thought. Their independence and collaboration with peers are necessary components. The opportunity to engage in open-ended discovery, exploration and the generation of knowledge is best facilitated with like-minded peers, caring parents and supportive teachers. Within this environment the affective, social and cognitive development of the child is addressed.

Academic Support Department

## Resource Centre News

Eight of our girls took part in the Kids Lit Quiz at De La Salle on Monday evening, 13 October. This was an exciting evening that certainly stretched our girls' reading knowledge. Our two teams certainly made us proudly St Stithians, as their manners, appearance and attitude, were admirable. We came 5th and 7th out of 31 teams.

*Well done to these girls:* Nicole Bruton, Nicola Moore, Katy Reynolds, Lara Stockgit, Kedibone Scheppers, Ruth Gorven, Bronwyn van Ryneveld, Alexandra Kinmont

Yours in reading  
Marilynn Berrington

Nikki Bush is a Creative parenting expert, inspirational speaker and author.

### WHAT IS IT ABOUT TOMORROW THAT PARENTS NEED TO KNOW TODAY?

“There are days when we have to learn new things – not just by the day but by the hour in order to keep up, and it exhausts us. It is becoming increasingly clear that this rapid change is not just a phase we are going through. Rather, it seems to be the new reality. In this new Age of Possibility that we are engaged in, we need to learn how to survive and thrive in a constantly shifting environment in which rules are made, changed and broken on an ongoing basis.”

**Nikki Bush & Graeme Codrington, *Future-proof Your Child* (Penguin, 2008)**

We are a generation of parents who need to become experts at navigating constant change and information overload, so that our children grow up embracing it and not fearing it. Advancing technology, a multitude of media that plug into us with or without our permission, and the constant bombardment by marketing messages are not going to go away. Our world is characterised by a lot of noise and clutter – the noise of technology and the media, and the clutter of a world driven by busyness and the constant need to buy and consume.

In such a world, it would be insane for us to try and parent our children in the same way as our parents did 30 or 40 years ago. While the circumstances of the world and the plethora of electronic media accessing our lives could be blamed for many of the ills plaguing society, families, children and parents, in a new look world it is us, the parents, who need to re-examine our parenting skills and our attitude towards tomorrow, today. So what is it about tomorrow that we need to know today? Here are just some of the things we need to know to help us to prepare our children for the future:

- The future our children will live and work in is going to be very different from the world we live in today. There are no longer maps to navigate by, we are going to need a compass!
- By harnessing technology and media, our children will have the potential power to help shape and create the world. This will no longer be the sole domain of governments, global institutions and businesses. We are at the beginning of the era of individual power. We need to bring up quality individuals who are prepared to take personal responsibility for all their choices.
- *Whether* our children use this potential power or not will be a matter of choice and will be largely dependent on their technology skills, thinking, creativity and relationship skills, as well as their ability to spot an opportunity in the chaos and change.
- *How* they use this potential will be determined by their worldview and the values they adopt.
- Many of the skills that our children will most need in order to survive and thrive are not going to be learnt at school. Rather, they are “softer” skills that are mostly caught and not taught. Therefore the role models in a child's life are going to become increasingly important – particularly their parents.
- Our children's income generating opportunities will not be limited to where they live. The global trend is to be mobile and one does not have to work in the same city or country as one's employer. 60% of the jobs our children will do have not yet been invented. It is estimated that they will have had 10 – 14 jobs by the age of 38!

We are the first generation of parents who will not keep up with the prevailing technology – a scary thought! However, there is an upside. In a technology-driven high tech and increasingly virtual world, the antidote is high touch. This means that our relationships and the choices we make around the use of our time will have the biggest impact on the future-proofing of our children. Take solace from the fact that the research is telling us that your child's deepest desire (although it may not always seem so) is to have an authentic relationship with YOU! You are more important than you think.

Keep connecting with your child.

**NIKKI BUSH**

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